Master Guides Event - Volleyball Rules

Game Rules

- 1. The game will consist of a best 2 sets out of 3. All 3 games are played to 15 points cap, rally point scoring system.
- 6 players on a team with the combinations allowed: 4 males/2 females or 3 males/3 females or 2 males/4 females or 1 male/5 females. Minimum number of players 2 males/2 females.
- 3. Normal clockwise rotation of 3 players on the front row and 3 on the backrow.
- 4. Maximum of three hits per side.
- 5. One of the female players must hit the ball before passing the ball to the opposite team.
- 6. A player may not hit the ball twice in succession (A block is not considered a hit).
- 7. A ball may be played off the net during a volley and on a serve.
- 8. A ball hitting a boundary line is in.
- 9. A ball is out of bound if it hits an antenna, the floor completely outside the court, any of the net or cables outside the antennae, the referee stands or pole, the ceiling above a nonplayable area.
- 10. It is legal to contact the ball with any part of a player's body.
- 11. It is illegal to catch, hold, or throw the ball.
- 12. If two or more players contact the ball at the same time, it is considered one play and either player involved may make the next contact (provided the next contact isn't the teams 4th hit).
- 13. A player cannot block or attack a serve from on or inside the 10-foot line.
- 14. After the serve, front line players may switch positions at the net.
- 15. A player from the backrow can only spike from behind the 10-foot line.

Rules Violations

- 1. The result of a violation is a point for the opponent.
- 2. When serving, stepping on or across the service line as you contact the serve.
- 3. Failure to serve the ball over the net successfully.
- 4. Contacting the ball illegally (lifting, carrying, throwing, etcetera).
- 5. Touching the net with any part of the body while the ball is in play. Exception: If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
- 6. When blocking a ball coming from the opponent's court, contacting the ball when reaching over the net is a violation if both:
 - 1) your opponent hasn't used 3 contacts AND
 - 2) they have a player there to make a play on the ball
- 7. When attacking a ball coming from the opponent's court, contacting the ball when reaching over the net is a violation if the ball hasn't yet broken the vertical plane of the net.
- 8. Crossing the court centerline with any part of your body. Exception: if it's the hand or foot, the entire hand or entire foot must cross for it to be a violation.
- 9. Serving out of order.
- 10. Backrow player blocking (deflecting a ball coming from their opponent), when at the moment of contact the backrow player is near the net and has part of his/her body above the top of the net (an illegal block).
- 11. Backrow player attacking a ball inside the front zone (the area inside the 10-foot line), when at the moment of contact the ball is completely above the net (an illegal attack).

